

RANDBURG HARRIERS

Our Ref: Time Trial Results
Administrator: Michelle Knotzer
P O Box 2527
Cresta 2118

Telephone (011) 792-7003
Fax (086) 503-5846

Attention Sports Editor

5th February 2010

RANDBURG RUNNER / RANDBURG HARRIERS TIME TRIAL RESULTS for THURSDAY 4th February 2010

5KM MEN: 1 C Seabela 17.48, 2 J Nhaca 18.50, 3 E McLean 19.47, 4 G Kinsman 19.50, 5 A Pope 20.39, 6 J Hill 20.41, 7 R Conradie 20.46, 8 W Joubert 20.51, 9 M Bayes 20.59, 10 N Mulder 21.02,

5KM WOMEN:

1 J Kemp 19.55, 2 S Griffioen 23.47, 3 J Martensen 4 L Hitchman 26.055 M Prinsloo 27.00,

8KM MEN:

1 I Mashipa 34.43, 2 A Tuttleberg 35.23, 3 A Vermaak 35.304 T Taylor 35.33, 5 C Mitchley 35.33, 6 P Pirow 36.03, 7 G Langenhoven 36.05, 8 J Neale 36.08, 9 A Pons 37.51, 10 G Kearns 37.52,

8KM WOMEN:

1 K Sangweni 40.51, 2 D Rheeders 42.05, 3 B Libby Neale 43.49, 4 L Gough 43.49, 5 D Van Wyk 50.00,

WALKERS:

1 S Lottering 44.46,

Kind regards
Michelle Knotzer
Administrator Officer